

Drawing Your Monster

□ Read and Discuss “Raymund and the Fear Monster”

Everyone has a “fear monster”; it’s the negative inner voice that tells us that something bad is going to happen, making us feel scared or anxious.

Q: What was Raymund afraid of?

Q: What was the consequence of Raymund’s fear?

Q: When we listen to fear, we end up missing out on trying new things. For example, Raymund watched the other children playing in the creek, but was too scared to jump in. How do you think he felt afterwards?

Raymund’s fear monster is huge with big, yellow eyes, shaggy hair and really ugly fungus-feet... *yuck!*

Q: What are you afraid of? What does your fear monster look like?

□ Think about how fear makes you feel and try to draw a monster that LOOKS like you FEEL.

For example, if fear makes you feel sweaty and cold, your monster could look clammy, pale... if it makes you feel self-conscious, your monster may have big googly eyes that stare and always be pointing... use your Imagination and have fun!

Think about what environment your monster/ fear lives in (that is, where are you when your fear monster whispers in your ear?) If you fear swimming, perhaps your fear monster is amphibious, or... it could spend its life sitting on the benches on the side wearing a floppy hat and looking sulky).



Illustrator’s Tip

I keep a sketch diary and scribble (messy, with lots of goof-ups and mistakes- who cares?!!!)

Make messy imperfect sketches with different ideas- some fat, some skinny, some prickly etc.

Don’t get fussy or rub stuff out. (Seriously, learn NOT TO CARE how these look)

Think of weird animals like blobfish, ayeayes and goblin sharks and take bits of different animals and put them together.

Once you have an idea that you really like, draw your good copy. Use pencil first- softly- don’t dig in. That way, if you need to correct it, it’s easy.

